#### **Week 1: June 11 – June 15**

Monday	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
7:30am – 9:00am	<u>7:30am – 9:00am</u>	<u>7:30am – 9:00am</u>	<u>7:30am – 9:00am</u>	<u>7:30am – 9:00am</u>
Sign in and structured free time				
9:00am – 10:00am	<u>9:00am – 10:00am</u>	<u>9:00am – 10:00am</u>	<u>9:00am – 10:00am</u>	<u>9:00am – 10:00am</u>
SDC Orientation	Morning exercise	Morning exercise	Morning exercise	Morning exercise
<u>10:00am – 11:00am</u>	<u>10:00am – 11:00am</u>	<u>10:00am – 11:00am</u>	<u>10:00am – 11:00am</u>	<u>10:00am - 2:30pm</u>
Outside Games and Activities	Outside Games and Activities	Outside Games and Activities	Outside Games and Activities	
<u>11:00am – 12:00pm</u>	<u>11:00am – 12:00pm</u>	<u>11:00am – 12:00pm</u>	<u> 11:00am – 12:00pm</u>	Braswell
Getting to know you	Arts & Crafts	Table Games	Team Building Activities	Library
<u>12:00pm – 1:00pm</u>	12:00pm – 1:00pm	<u> 12:00pm – 1:00pm</u>	<u>12:00pm – 1:00pm</u>	
Bring your own bag lunch	Bring your own bag lunch	Bring your own bag lunch	Lunch *Provided	*Bag Lunch Provided*
1:00pm – 3:30pm	1:00pm – 3:30pm	1:00pm-2:30pm	1:00pm – 3:30pm	2:30pm-3:30pm
Movie at Winstead	Outside games and activities	NC Nutrition – 5-6 Yr Olds	Outside games and activities	Table Games
3:30pm 5:00pm	3:30pm 5:00pm	2:30pm-4:00pm	3:30pm 5:00pm	3:30pm 5:00pm
Snack In or Outside	Snack In or Outside	NC Nutrition – 7-8 Yr Olds	Snack In or Outside	Snack In or Outside
Activities	Activities	4:00pm-5:00pm	Activities	Activities
		Outside games and activities		
<u>5:00pm – 5:30pm</u>				
Pickup	Pickup	Pickup	Pickup	Pickup

\*All trips are subject to change

<sup>\*</sup>Please bring correct change for all trips

<sup>\*</sup>Closed toe shoes are required daily and shorts are recommended

<sup>\*</sup>Schedules can be viewed at <a href="http://www.rockymountnc.gov/parks/">http://www.rockymountnc.gov/parks/</a>

#### **Week 2: June 18 – June 22**

Monday	<u>Tuesday</u>	Wednesday	<b>Thursday</b>	<u>Friday</u>
7:30am – 9:00am	<u>7:30am – 9:00am</u>	7:30am – 9:00am	7:30am – 9:00am	<u>7:30am – 9:00am</u>
Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time
9:00am – 10:00am	9:00am – 9:30am	9:00am – 10:00am	9:00am – 9:30am	<u>9:00am – 9:30am</u>
Morning exercise	Morning exercise	Morning exercise	Morning exercise	Morning exercise
<u> 10:00am – 12:00pm</u>	9:30am – 10:30am	<u>10:00am – 12:00pm</u>	9:30am – 10:30am	9:30am – 10:30am
Swimming at Denton Street Pool	Outside Games and Activities	Swimming at Denton Street Pool	Outside Games and Activities	Outside Games and Activities
*Bathing suit and towel required*	<u> 10:30am – 12:00pm</u>	*Bathing suit and towel required*	<u> 10:30am – 12:00pm</u>	<u>10:30am – 12:00pm</u>
1	Arts & Crafts	1	Table Games	Card Games
12:00pm – 1:00pm	<u>12:00pm – 1:00pm</u>	12:00pm – 1:00pm	12:00pm – 1:00pm	<u>12:00pm – 1:00pm</u>
Lunch *Provided	Lunch *Provided	Lunch *Provided	Lunch *Provided	Lunch *Provided
1:00pm-3:30pm	1:00pm – 4:00pm	1:00pm-2:30pm	1:00pm-3:30pm	1:00pm-3:30pm
Movie at BTW Theater	Rocky Mount Sports Complex Park	NC Nutrition – 5-6 Yr Olds	BTW for Games and Activities.	<u>Star City</u> \$4.50
3:30pm 5:00pm Snack In and Outside Activities	4:00pm 5:00pm Snack In and Outside Activities	2:30pm-4:00pm  NC Nutrition – 7-8 Yr Olds	3:30pm 5:00pm Snack In and Outside Activities	3:30pm-5:00pm Snack In and Outside Activities
		4:00pm-5:00pm		
		Outside games and activities		
<u>5:00pm – 5:30pm</u>	<u>5:00pm – 5:30pm</u>	<u>5:00pm – 5:30pm</u>	<u>5:00pm – 5:30pm</u>	<u>5:00pm – 5:30pm</u>
Pickup	Pickup	Pickup	Pickup	Pickup

\*All trips are subject to change

\*Please bring correct change for all trips

For additional information please contact camp director or call 252-467-4925

<sup>\*</sup>Closed toe shoes are required daily and shorts are recommended

<sup>\*</sup>Schedules can be viewed at <a href="http://www.rockymountnc.gov/parks/">http://www.rockymountnc.gov/parks/</a>

#### **Week 3: June 25 – June 29**

<b>Monday</b>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
7:30am – 9:00am	<u>7:30am – 9:00am</u>	7:30am – 9:00am	7:30am – 9:00am	7:30am –8:30am
Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time
9:00am – 9:30am	9:00am – 9:30am	9:00am – 9:30am	<u>9:00am – 9:30am</u>	8:30am - 3:00pm
Morning Exercise	Morning exercise	Morning exercise	Morning exercise	Rainbow
<u>10:00am – 12pm</u>	9:30am – 10:30am	9:30am – 12:00pm	9:30am – 11:30am	<u>Lane</u> Clayton, NC
Swimming at Denton Street Pool	Outside Games and Activities	Swimming at Denton Street Pool	Outside Games and Activities	*One game for bowling  *Shoe Rental
*Bathing suit and towel required*	10:30am – 12:00pm	*Bathing suit and towel required*	Magazine Scavenger Hunt!	*One ride on the Himalaya
_	Arts & Crafts	1	Obstacle Course	*Five tokens for Arcade
				*A slice of cheese pizza
				or a hotdog, a drink  And chips
<u>12:00pm – 1:00pm</u>	<u>12:00pm – 1:00pm</u>	<u>12:00pm – 1:00pm</u>	<u>12:00pm – 1:00pm</u>	7 md emps
Lunch	Lunch	Lunch	Lunch	¢7.50
*Provided	*Provided	*Provided	*Provided	\$7.50
1:00pm – 4:30pm	1:00pm – 3:30pm	1:00pm-2:30pm	1:00pm - 3:30pm	
Movie at Winstead	Martin Luther King Park	NC Nutrition – 5-6 Yr Olds	BTW for Games and Activities	
4:30pm-5:00pm Snack	<u>3:30pm-5:00pm</u> Snack	<u>2:30pm-4:00pm</u>	<u>4:30pm-5:00pm</u> Snack	3:00pm-5:00pm Snack
In or Outside Activities	In or Outside Activities	NC Nutrition – 7-8 Yr Olds	In or Outside Activities	In or Outside Activities
		4:00pm-5:00pm Snack Outside games and activities		
<u>5:00pm – 5:30pm</u>	<u>5:00pm – 5:30pm</u>	<u>5:00pm – 5:30pm</u>	5:00pm – 5:30pm	<u>5:00pm – 5:30pm</u>
Pickup	Pickup	Pickup	Pickup	Pickup

\*All trips are subject to change

<sup>\*</sup>Please bring correct change for all trips

 $<sup>*</sup>Closed\ toe\ shoes\ are\ required\ daily\ and\ shorts\ are\ recommended$ 

<sup>\*</sup>Schedules can be viewed at <a href="http://www.rockymountnc.gov/parks/">http://www.rockymountnc.gov/parks/</a>

**Week 4: July 2 – July 6 – June 29** 

<b>Monday</b>	<b>Tuesday</b>	Wednesday	<b>Thursday</b>	<u>Friday</u>
7:30am – 9:00am	7:30am – 9:00am		7:30am – 9:00am	7:30am – 9:00am
Sign in and structured free time	Sign in and structured free time		Sign in and structured free time	Sign in and structured free time
9:00am – 10:00am	9:00am – 10:00am		9:00am – 10:00am	9:00am – 10:00am
Morning Exercise	Morning Exercise		Morning Exercise	Morning Exercise
10:00am – 12:00pm	9:30am – 12:00pm		<u>9:30am – 12:00pm</u>	9:30am – 12:00pm
Swimming at Denton Street Pool	Outside Games and Activities	NO CAMP	Outside Games and Activities	Outside Games and Activities
*Bathing suit and towel required*	&	NO CAMP	&	&
	Arts and Crafts	4th of	Table Games	Bingo
		JULY!!!		
12:00pm – 1:00pm	12:00pm – 1:00pm	<u> </u>	12:00pm – 1:00pm	12:00pm – 1:00pm
Lunch	Lunch		Lunch	Lunch
*Provided	*Provided		*Provided	*Provided
1:00pm - 3:30pm	1:00pm – 4:00pm		1:00pm – 4:00pm	1:00pm – 4:00pm
Movie at BTW Theater	Fun with Science		BTW for Games and Activities	Family Fun Center Rocky Mount
3:30pm-5:00pm Snack	4:30pm-5:00pm Snack		4:00pm-5:00pm Snack	4:00pm-5:00pm Snack
In or Outside Activities	In or Outside Activities		In or Outside Activities	In or Outside Activities
5:00pm – 5:30pm	<u>5:00pm – 5:30pm</u>		5:00pm – 5:30pm	<u>5:00pm – 5:30pm</u>
Pickup	Pickup		Pickup	Pickup

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<sup>\*</sup>Please bring correct change for all trips

<sup>\*</sup>Closed toe shoes are required daily and shorts are recommended

<sup>\*</sup>Schedules can be viewed at <a href="http://www.rockymountnc.gov/parks/">http://www.rockymountnc.gov/parks/</a>

#### **Week 5: July 9 – July 13**

<b>Monday</b>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am
Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time
9:00am – 10:00am	<u>9:00am – 10:00am</u>	9:00am – 4:00pm	9:00am – 10:00am	9:00am – 11:00am
Morning Exercise	Morning Exercise	FIELD DAY	Morning Exercise	Morning Exercise
10:00am – 12:00pm  Swimming at Denton Street Pool  *Bathing suit and towel required*	9:30am – 12:00pm  Outside Games and Activities  &  Arts and Crafts	© SUNSET PARK!!  LUNCH WILL BE PROVIDED AT THE PARK!!	9:30am – 12:00pm  Kung Fu Panda  Carmichael Theater  \$2.00	11:00am – 1:00pm  Cow Appreciation Day  Chic- Fil - A  Lunch will be at Chic- Fil-A
12:00pm – 1:00pm	12:00pm – 1:00pm		12:00pm – 1:00pm	
Lunch	Lunch		Lunch	
*Provided	*Provided		*Provided	
1:00pm – 3:30pm Movie at Winstead	1:00pm – 4:00pm Martin Luther King Park		1:00pm – 4:00pm  BTW for Games and Activities	1:00pm – 4:00pm  Outside Games and Activities & Bingo
3:30pm-5:00pm Snack In or Outside Activities	4:30pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities
<u>5:00pm – 5:30pm</u> Pickup	<u>5:00pm – 5:30pm</u> Pickup	<u>5:00pm – 5:30pm</u> Pickup	<u>5:00pm – 5:30pm</u> Pickup	<u>5:00pm – 5:30pm</u> Pickup

\*All trips are subject to change

\*Please bring correct change for all trips

<sup>\*</sup>Closed toe shoes are required daily and shorts are recommended

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#### **Week 6: July 16 – July 20**

<b>Monday</b>	<u>Tuesday</u>	<u>Wednesday</u>	<b>Thursday</b>	<u>Friday</u>
7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am
Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time
<u>9:00am – 10:00am</u>	9:00am – 10:00am	<u>9:00am – 10:00am</u>	9:00am – 10:00am	<u>9:00am – 10:00am</u>
Morning Exercise	Morning Exercise	Morning Exercise	Morning Exercise	Morning Exercise
10:00am – 12:00pm	9:30am – 12:00pm	10:00am - 12:00pm	9:30am – 12:00pm	9:30am – 12:00pm
Swimming at Denton Street Pool  *Bathing suit and towel required*	Outside Games and Activities & Arts and Crafts	Swimming at Denton Street Pool  *Bathing suit and towel required*	Outside Games and Activities & BINGO!	Sylvan Heights Waterfowl \$5.00 **Bag Lunch Provided**
<u>12:00pm – 1:00pm</u> Lunch	<u>12:00pm – 1:00pm</u> Lunch	<u>12:00pm – 1:00pm</u> Lunch	<u>12:00pm – 1:00pm</u> Lunch	<u>12:00pm – 1:00pm</u> Lunch
*Provided	*Provided	*Provided	*Provided	*Provided
1:00pm – 3:30pm Movie at BTW Theater	1:00pm – 4:00pm  Complete Arts and Crafts	1:00pm – 4:00pm NC Nutrition 5-6 y/o (1 -2:30) 7-8 y/o (2:30 – 4)	1:00pm – 4:00pm  BTW for Games and Activities	1:00pm – 4:00pm  Outside Games and Activities
3:30pm-5:00pm Snack In or Outside Activities	4:30pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities
<u>5:00pm – 5:30pm</u> Pickup	<u>5:00pm – 5:30pm</u> Pickup	<u>5:00pm – 5:30pm</u> Pickup	<u>5:00pm – 5:30pm</u> Pickup	<u>5:00pm – 5:30pm</u> Pickup
	.i. A 7	1		

\*All trips are subject to change

\*Please bring correct change for all trips

<sup>\*</sup>Closed toe shoes are required daily and shorts are recommended

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#### Week 7: July 23 – July 27

<b>Monday</b>	<u>Tuesday</u>	Wednesday	<b>Thursday</b>	<u>Friday</u>
7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am
Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time
9:00am – 10:00am	9:00am – 9:30am	9:00am – 10:00am	<u>9:00am – 9:30am</u>	9:00am – 4:00pm
Morning Exercise	Morning Exercise	Morning Exercise	Morning Exercise	
<u>10:00am – 12:00pm</u>	9:30am – 12:00pm	<u>10:00am – 12:00pm</u>	9:30am – 12:00pm	NC Museum of Natural Science
Swimming at Denton Street Pool	Outside Games and Activities	Swimming at Denton Street Pool	Outside Games and Activities	Natural Science
*Bathing suit and towel required*	&	*Bathing suit and towel required*	&	Raleigh, NC
	Arts and Crafts		Marshmallow Creatures (Team Work)	
				Bag Lunched will be
<u>12:00pm – 1:00pm</u>	<u>12:00pm – 1:00pm</u>	12:00pm – 1:00pm	<u>12:00pm – 1:00pm</u>	provided.
Lunch	Lunch	Lunch	Lunch	
*Provided	*Provided	*Provided	*Provided	
1:00pm – 3:30pm	<u>1:00pm – 4:00pm</u>	<u>1:00pm – 4:00pm</u>	<u>1:00pm – 4:00pm</u>	
Movie at Winstead	Fun With Science	NC Nutrition 5-6 y/o (1 -2:30) 7-8 y/o (2:30 – 4)	BTW for Games and Activities	
3:30pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities
5:00pm – 5:30pm	<u>5:00pm – 5:30pm</u>	<u>5:00pm – 5:30pm</u>	<u>5:00pm – 5:30pm</u>	<u>5:00pm – 5:30pm</u>
Pickup	Pickup	Pickup	Pickup	Pickup

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#### Week 8: July 30 – August 3

<b>Monday</b>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am	7:30am – 8:30am
Sign in and structured free time				
9:00am - 10:00am	<u>9:00am – 9:30am</u>	9:00am – 10:00am	9:00am - 9:30am	<u>8:30am – 4:00pm</u>
Morning Exercise	Morning Exercise	Morning Exercise	Morning Exercise	
<u>10:00am – 12:00pm</u>	9:30am – 12:00pm	<u>10:00am – 12:00pm</u>	9:30am – 12:00pm	Neuse - Parkway
Swimming at Denton Street Pool	Outside Games and Activities	Swimming at Denton Street Pool	Nutrition	
*Bathing suit and towel required*	&	*Bathing suit and towel required*		Kinston, NC
	Arts and Crafts			
				Bag Lunched will be provided.
12:00pm – 1:00pm	<u>12:00pm – 1:00pm</u>	12:00pm – 1:00pm	12:00pm – 1:00pm	\$5.00
Lunch	Lunch	Lunch	Lunch	
*Provided	*Provided	*Provided	*Provided	
1:00pm – 3:30pm	<u>1:00pm – 4:00pm</u>	1:00pm – 4:00pm	1:00pm – 4:00pm	
Movie at BTW Theater	Fun With Science	Talent Show @ BTW Theater	BTW for Games and Activities	
3:30pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities
<u>5:00pm – 5:30pm</u>				
Pickup	Pickup	Pickup	Pickup	Pickup

\*All trips are subject to change

\*Please bring correct change for all trips

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<sup>\*</sup>Schedules can be viewed at <a href="http://www.rockymountnc.gov/parks/">http://www.rockymountnc.gov/parks/</a>

#### Week 9: August 6 – August 10

<b>Monday</b>	<u>Tuesday</u>	<b>Wednesday</b>	<b>Thursday</b>	<u>Friday</u>
7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am	7:30am – 9:00am	<u>7:30am – 8:30am</u>
Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time	Sign in and structured free time
9:00am – 10:00am	9:00am – 9:30am	<u>9:00am – 10:00am</u>	<u>9:00am – 9:30am</u>	9:00am – 9:30am
Morning Exercise	Morning Exercise	Morning Exercise	Morning Exercise	Morning Exercise
<u>10:00am – 12:00pm</u>	9:30am – 12:00pm	<u>10:00am – 12:00pm</u>	9:30am – 12:00pm	9:30am – 12:00pm
Swimming at Denton Street Pool	Outside Games and Activities	Swimming at Denton Street Pool	Outside Games and Activities	Outside Games and Activities
*Bathing suit and towel required*	&	*Bathing suit and towel required*	&	&
	Arts and Crafts	-	Playdough	Table Games
12:00pm – 1:00pm	12:00pm – 1:00pm	12:00pm – 1:00pm	12:00pm – 1:00pm	<u>12:00pm – 1:00pm</u>
Lunch	Lunch	Lunch	Lunch	Lunch
*Provided	*Provided	*Provided	*Provided	*Provided
1:00pm – 3:30pm	1:00pm - 3:30pm	1:00pm – 3:30pm	1:00pm - 3:30pm	1:00pm - 3:30pm
Movie at Winstead	Volleyball	Fun With Science	BTW for Games and Activities	Star City \$4.50
3:30pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities	4:00pm-5:00pm Snack In or Outside Activities
5:00pm – 5:30pm	<u>5:00pm – 5:30pm</u>	<u>5:00pm – 5:30pm</u>	<u>5:00pm – 5:30pm</u>	5:00pm – 5:30pm
Pickup	Pickup	Pickup	Pickup	Pickup

\*All trips are subject to change
\*Please bring correct change for all trips
\*Closed toe shoes are required daily and shorts are recommended

\*Schedules can be viewed at http://www.rockymountnc.gov/parks/